

Body Mass Index (BMI) Policy

The Martha's Vineyard Public Schools (MVPS) wishing to ensure that Body Mass Index (BMI) and the corresponding percentile are calculated and reported directly and confidentially to parents/legal guardians for students in grades 1, 4, 7 and 10 (or in the case of un-graded classrooms, by a student's 7th, 10th, 13th and 16th birthdays) adopts this policy.

A. SCREENING PROCESS

Measurement of weight and height shall be done by trained school personnel or others approved by the Department of Public Health for this purpose, and in accordance with guidelines of the Department of Public Health. Prior notice of the screening and the benefits of the screening shall be provided to the parent or legal guardian by any reasonable means. Every effort shall be made to protect the privacy of the student during the screening process and in the communication of information about the student's BMI to the parent or legal guardian.

B. REPORTING

A report of each student's BMI and percentile, along with easily understood informational and explanatory materials provided or approved by the Department of Public Health on BMI, healthy eating and physical activity, shall be mailed or otherwise directly communicated in writing to the parent or guardian of the student, in accordance with guidelines of the Department of Public Health. The materials shall indicate that questions about a student's healthy weight should be discussed with the student's primary care provider.

C. BMI DATA

The Department of Public Health shall be provided annually with student BMI data, by school or school district, as specified in guidelines of the Department of Public Health.

D. BMI SCORE

A copy of the student's BMI score shall be maintained in the student's school health record. With the consent of the parent or legal guardian, a copy shall be provided to the student's primary care physician.

E. PARTICIPATION

Parents and legal guardians shall be provided with an opportunity to request, *in writing*, that their child not participate in the program.

F. REQUIREMENTS

These requirements shall be met by June 30, 2010 by public school systems receiving direct funding from the Department of Public Health for school nursing services as of May 1, 2009 and by June 30, 2011 by all other public schools.

{*Adoption Date*}

CROSS REFS:

LEGAL REFS:

1 st Reading	-	01.11.2010
2 nd Reading	-	02.01.2010 (<i>MVRHS</i>),
	-	02.09.2010 (<i>Tisbury</i>)
	-	02.16.2010, <i>Oak Bluffs, UIRSD</i>
	-	02.17.2010 (<i>Edgartown</i>)
3 rd Reading	-	