

# Martha's Vineyard Survey

We are interested in gaining your opinion and insight on the resources and quality of care available to Vineyard residents, age 62 and older. Participation in this survey is voluntary and all answers will remain anonymous. If you have any further questions about this survey, please don't hesitate to contact Liz Dunleavy at Roush & Associates, 781-213-9099, extension 25.

1. Approximately how long have you resided on the Vineyard? **Average of 29 years**
2. How many months, per year, do you spend on the Vineyard?  
**Average of 12 months.**
3. Do you anticipate moving from the island in the next three years? yes no  
**94% have no plans to move in the next 3 years**
4. What is your current living situation?
  - I live alone **137**
  - I live with my spouse **221**
  - I live with my child **18**
  - I live with other family members **14**
  - Other, please explain: **11 live w/friends or non-family members; 23 live with their spouse & child(ren); 4 live with their child & other family members**
5. What is your current age? **Average age is 66**
6. Do you have any family members living on the Vineyard? yes no  
**56% (243) yes / 42% (184) no**
7. Please indicate if you or your spouse received services during the past year to assist you with any of the following. Please indicate who provided the services by placing an 'F' for family/friend, 'P' for paid provider or 'O' for other.  
**(totals reflect the cumulative sum of F, P, & O)**

<b>20</b> Meal preparation	<b>19</b> Personal care assistance	<b>41</b> Transportation
<b>17</b> Home adaptation	<b>92</b> Handyman services	<b>114</b> Housecleaning
<b>32</b> Personal errands	<b>21</b> Laundry service	<b>19</b> Bill paying
<b>27</b> Nursing	<b>13</b> Overnight care	<b>46</b> Medications
<b>79</b> Pet care	<b>22</b> Travel plans	<b>96</b> Lawn services
<b>6</b> Respite care	<b>20</b> Bereavement support	<b>63</b> Exercise classes
<b>61</b> Legal advice	<b>42</b> Caretaker services	<b>45</b> Estate Planning

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8. Over the next year, do you anticipate you or your spouse utilizing any of the services listed above? If yes, please indicate which one(s):  
**Pet care, transportation, lawn services, handyman services and exercise classes were listed.**
9. If available at a reasonable price, would you consider using or participating in any of the following services/activities? Please check all that apply:
- |  |                                      |
|--|--------------------------------------|
| <b>49</b> Grocery Delivery                       | <b>54</b> Spa services               |
| <b>31</b> Consultation with a nutritionist       | <b>63</b> Personal trainer sessions  |
| <b>25</b> Golf outings                           | <b>79</b> Organized off island trips |
| <b>37</b> Luncheon groups                        | <b>50</b> Transportation             |
| <b>24</b> Assistant to complete personal errands | <b>0</b> Other                       |
10. How would you rate your health?  
**130** Excellent; **189** Good; **36** Average; **27** Fair; **2** Poor
11. If living with your spouse, how would you rate his/her health?  
**83** Excellent; **106** Good; **22** Average; **15** Fair; **10** Poor
12. Do you feel that Martha's Vineyard offers adequate services to its seniors?  
**190** Yes                      **24** No                      **160** Somewhat
13. Are you aware of the services and programs available to island residents?  
**175** Yes                      **27** No                      **176** Somewhat
14. Please rank, in level of importance, the factors that would determine your use of services (1 most important to 10 least important).
- 26** Reputation
  - 22** Reliability
  - 22** Knowledgeable staff
  - 21** Cost
  - 17** Friends' satisfaction w/services
  - 15** Customer service
  - 12** Availability
  - 10** Follow-up/support
  - 8** Proximity to home
14. What do you do for fun? Please tell us about some of the hobbies and activities you enjoy:
- Reading **99**
  - Gardening **84**
  - Walking **83**
  - Travel **53**
  - Cooking/eating **47**
  - Spending Time with Friends & Family **46**
  - Boating **41**
  - Cycling **39**

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Movies **34**  
Fishing **33**  
Exercise **28**  
Golf **28**  
Bridge/cards/board games **24**  
Knitting/sewing/crafts **24**  
Tennis **24**  
Volunteering **24**  
Swimming **21**  
Beach **15**  
Hiking **15**  
Kayaking **15**  
Music **15**  
Photography **13**  
Housework/home maintenance **12**  
Painting **12**  
Outdoor activities **11**  
Pets (spending time with) **11**  
Television watching **11**  
Woodworking **11**  
Birding **8**  
Church **8**  
Computers **7**  
Singing **7**  
Dancing **6**  
Cultural Events (plays, theater, museums, etc.) **5**  
Antiquing **4**  
Discussion groups **3**

15. Do you anticipate anything that may serve as a barrier to you remaining in your home? If yes, can you please explain:

**Cost of Living and Incapacity as a result of stroke or illness were the two most common answers.**

16. If available, would you consider moving in to a Continuing Care Retirement Community (CCRC) on the Vineyard?

**58** Yes      **117** No      **198** Depends, would need more information

17. Are there any services that you feel would make living on the Vineyard more manageable for residents over 62 years? If yes, please explain:

**Most common answers: Improved Medical Care, affordable and manageable senior housing, discounts for seniors, better public transportation, and more activities geared towards seniors**

We greatly value your opinion.  
Thank you for your participation.