Free dental cleanings are available to lower income adults on the dates listed below; the clinics are sponsored by the Town Boards of Health and coordinated by the Vineyard Smiles program. Contact Vineyard Smiles at (508) 696-0020 x14 or go to vhealthcareaccess.org/dental, or talk to your local Council on Aging for more information.

Aquinnah: April 7, 9:30 am – 3 pm
UMass Memorial HealthBluffs: April 21
Edgartown: TRA
Up Island, Chilmark
& West Tisbury: June 16
Tommay, June 16

TRAVEL NEWS

“42nd Street” at the Providence Performing Arts Center
UICOA, 508-693-2896 [Wait List Only]
Saturday, March 25
The quintessential backstage musical comedy classic. “42nd Street” includes some of the greatest songs ever written: “We’re In The Money,” “Lullaby of Broadway,” “Shuffle Off To Buffalo,” “Dames,” “I Only Have Eyes For You,” and of course “42nd Street.” Based on a novel by Bradford Ropes and Busby Berkeley’s 1933 movie. “42nd Street” tells the story of a starry-eyed young dancer who leaves her Allentown home and comes to New York to audition for the new Broadway musical Pretty Lady. When the leading lady breaks her ankle, Peggy takes over and becomes a star. Named the 2001 Tony Award®-winning Best Musical Revival. Roundtrip motor coach, lunch at Blake’s Tavern, orchestra seating, and gratuities, $130

Falmouth Shopping Trip
UICOA, 508-677-4388
Wednesday, April 19th. Leaving 8:15 am, 5 pm return.
Wednesday, May 24th. Leaving 8:15 am, 6:15 pm return.
ECOA April trip to Eataly at the Prudential Center in Boston. Call Wendy for details. 508-677-4388.
Visit Woods Hole Oceanographic Institute (WHOI)
TCOA, 508-696-4205
June 15
Woods Hole is a world center for marine, biomedical and environmental science. Learn about the WHOI ship that helped discover the RMS Titanic and hydrothermal vents. Learn about Knorr’s history and accomplishments and much more. Enjoy lunch at the Landfall Restaurant. Details will be listed in this site as they become available. Register now to be put on the list. Group is limited to 40.

Comming Soon…
MEDICAL TAXI PROGRAM to become the CAPE MEDIVAN SERVICE

Later this year, the Medical Taxi Program, known for reliable, affordable transportation to medical appointments on Cape Cod for those 60+ and over and/or mobility challenged, will become the CAPE MEDIVAN SERVICE

MV Center for Living and MV Transit Authority are committed to continuing to provide reliable, affordable transportation to 60+ islanders to medical and dental appointments on Cape Cod. Due to cuts in funding for the current Medical Taxi Program, the MV Transit Authority has acquired a handicapped-accessible van that will be based in Woods Hole and made available on a regular schedule to provide transportation to and from medical appointments in Falmouth, North Falmouth, Mashpee, Sandwich, Hyannis (all of Cape Cod), Monday through Friday, by appointment.

Stay tuned in the coming months for more detailed information about scheduling and fare changes as we approach the transition to the new Cape Medivan Service.

Until then, please continue to call MV Center for Living at 508-969-9440 to schedule your Medical Taxi trips.

REGIONAL LUNCHEON
Martha’s Vineyard Regional High School
Culinary Arts & Music Departments · Culinary Arts Dining Room
Thursday, March 9th
Music at 11:00 • Lunch served promptly at 11:30
Menu –
French Onion Soup, Roast Chicken with Apples, Wild Rice Pilaf, Bread Pudding
Always delicious! $12
Reservations are a must! Call 508-939-9440

VETERANS SERVICES

Each year the VA’s National Veterans Outreach Office, in conjunction with the Veterans Day National Committee, publishes a commemorative Veterans Day poster, selected from artwork submitted by artists nationwide and distributed to VA facilities, military installations around the world, and nationally across cities and towns. It also serves as the cover of the official program for the Veterans Day Observance at Arlington National Cemetery.

Over the years these posters have illustrated the rich history of our country’s service men and women, reflecting our pride and patriotism in serving Veterans, while providing the thematic artistry for the year.

Poster submission guidelines:
18” x 24” at 300 dots per inch, scale-down submissions to 9” x 12.”

Not restricted to “human-centric” presentations, such as a joint color guard, imagery of American icons, monuments or scenery can qualify, for example, the American flag.

Represent Veterans from all branches of service. The Committee may select a particular submission but ask the artist to make modifications to the original design. Significant changes may be required prior to printing.

Reflect the diversity of our Veteran and military population in terms of race, gender and disability status. Include sufficient information to demonstrate that the image is the work of the artist and is not copyrighted material (i.e. photos and concepts).

Submit electronic versions as .jpg images or PDF files by email to vetsday@va.gov or send copies of artwork on a CD with artwork files to:
Veterans Day National Committee
Department of Veterans Affairs
ATTN: Michael Meade (0022D)
810 Vermont Avenue
NW Washington, DC 20420
Deadline for submissions is April 15th.
A selection committee will convene in May to review submissions and make a final selection. Questions should be directed to the Veterans Day Coordinator at vetsday@va.gov or find out va.gov/opa/vetsday/

Martha’s Vineyard Center for Living Supportive Day Program
Leisl Clapp, Director Eileen Murphy, Supervisor
Program hours: Mon, Tues, Wed, Fri, 9 am - 3 pm
Call 508-627-0207 for information and referrals

SHINE NEWS
Are you or someone you know turning 65 soon?
Every day 10,000 baby boomers turn 65 and become eligible for Medicare.
Those new to Medicare can make costly mistakes resulting in higher health care costs, gaps in coverage and possibly a lifetime late enrollment penalty. If you are already collecting Social Security, you will automatically receive your Medicare card 2-3 months before turning 65. If you are not collecting, you are responsible for signing up for Medicare Part A (Hospital Insurance) and Part B (Medical Insurance) either online at www.socialsecurity.gov or by calling 1-800-772-1213 to enroll.

SHINE (Serving the Health Insurance Needs of Everyone) counselors can help you explore your options. SHINE counselors are volunteers, trained and certified by the Executive Office of Elder Affairs and re-certified each year to assist those on, or eligible for Medicare navigate the complex health insurance system. If you or someone you know will be turning 65 soon call your local Senior Center to make an appointment with a SHINE counselor.

Martha’s Vineyard Partnership for Health (MVPH)
To register for MVPH programs, or for more information Call 508-939-9358 x114 or email ksamwaws@shinmv.org
Pre-registration is required
Register by Feb. 15 to be entered into a raffle to win a prize.

MVPH Commonwealth Corp a MA Service Alliance
“My Life My Health”
If you are 60+ and have a chronic health condition or are a caregiver for someone who has a chronic health condition such as arthritis, heart disease, cancer, high blood pressure, asthma, depression, etc. this program is designed to give you the knowledge and skills needed to take a more active role in your own health or that of the people you are caring for.

2 free 6 week sessions:
Wednesdays, March 1 through April 5, 10 am-12:30 pm at the American Legion Hall in Vineyard Haven.
Mondays, March 13 through April 17, 10 am-12:30 pm Howes House in West Tisbury.

MVTimes
Edgartown Highlights - 508-627-4368

Please call us to sign up for all programs. See our newsletter at HYPERLINK “http://www.edgartownma.com” www.edgartownma.com for more information.

Lunches Noon 
$2 Tuesday: Sandwich, soup, dessert  
$5 Friday: Entree, soup, dessert

On Display This Month:
Susan Campbell  
Come see Susan’s paintings, pen and ink artwork. Susan, an employee at the MV Center for Living, has been painting since age 13. Meet Susan at lunch on Tuesday, 3/14.

Bowlers  
3/6, Join our team to challenge TCOC at the Barn Bowl & Bistro, 11:30-1:30. Fun!

Table Talk  
Meet Susan at lunch on Tuesday, 3/14.

Lunch included, $10. Call 508-627-4368 to sign up.
Friday Morning Conversation Group  
ECOA, 3/3 and 3/17, 10 am. Refreshments.

ECOA Women’s Book Group  
3/22, 3/30, 4 pm. led by Jill Herpin. March’s book TBA. Please call Wendy to express interest and be on the email list, 508-627-4368.

SHINE Appointments  
With Moira Silva, call for appointment, 508-627-4368.

ECOA Men’s Book Group  
With Glenn Carpenter  
3/15, 3 pm. to discuss Strangers in Their

Oak Bluffs Highlights - 508-693-4509

Friends of OBCOA meeting  
Next meeting April 13, 2017. Come and join, be a part of Team OBCOA!  

OB COA Board of Directors  
Meetings: 3/9, 10:30 am.  
Morning Coffee and Conversation  
Daly’s 8:30 am

Men’s and Ladies St. Paddy’s Day Luncheon  
3/8, 12pm noon.  
Please call Rose to make a reservation.  

Coffee with the Chief  
3/3, 10 am.  
Conversation and coffee with Chief Erik Blake.

Threshold Choir  
3/6 & 3/20, 1 pm.

Knitting and Conversation  
Mondays, 9-11  
Bring your work in progress or stop by and get ideas from the group. Catch up on all things Vineyard!  

Tisbury Bowling Team!  
Bow, Bowl, & Bistro  
3/6, 11:30 am-1 pm.  
Tisbury residents. We face off with the Edgartown folks and enjoy 1 hour of bowling and a delicious lunch. Bowling shoes are included in the price of $10.  

Please register with us by 12 Noon on 3/3.

Yoga  
2 classes available:  
Gentle/ use of chair for support  
Virginia Iveson, instructor, Tuesdays, 10 am  
Kripalu, Stretch, Strength, Balance, Breath  
3/6 & 3/20, 1 pm.

Tisbury Highlights - 508-696-4205

Carole Aranbaze, instructor, Thursdays, 4-5:15 pm  
Bring your mat.  
Get Creative w/ Paint!  
Bare Kissell, instructor  
Resuming on April 10  
Learn how to load a brush with paint and apply to a light template. All materials provided. Hangable Worthy? Free, limited to 10.  

Peter II. Luce Plays Readers Society  
Wed, 9-12 pm.  
Paul Dobrsky will be this month’s producer as the play readers explore March’s theme “Plays about the Theatre.”  
3/3 – “The Royal Family” by George Kaufman & Edna Ferber directed by Felicity Russell  
3/8 – “Present Laughter” by Noel Coward directed by Sophia Anthony

Parkinson’s Caregivers’ Support Group  
Call Ellen for details 508-693-2896.

Vineyard Isle Parkinsonians Support Group  
3/13, 10:30 am. Call Ellen for details

Notary Services  
Notary services available free of charges. Call ahead.

Up-Island Highlights - 508-693-2896

Health Insurance Counseling (SHINE Counselor – Joyce Albertine)  
Counseling assistance with your health insurance questions.  

Outreach Services  
Ellen Reynolds is available Mon.-Fri. 9 am to 3 pm. Meet with Ellen to learn about community resources to meet your needs or those of someone you can help.  

Parkinson’s Caregivers’ Support Group  
Call Ellen for details 508-693-2896.

Vineyard Isle Parkinsonians Support Group  
3/13, 10:30 am. Call Ellen for details

Notary Services  
Notary services available free of charges. Call ahead.

Chair Massage with Ellen McMannis  
Treat yourself! Every Wednesday and Friday 2-4. Promotional discounted cost is $1 per minute, 15 and 30 minute sessions. Call 508-693-2896 for an appointment.

Martha’s Vineyard Museum Presents: “Hollywood and Broadway on Martha’s Vineyard”  

Medical Equipment Loans  
The COA has medical equipment for loan at no charge.

Memor Writing Workshop with Moira Silva  
4 Wednesdays 10-11:30 am.

Don’t forget to check the Service Programs & Support Group Directory, Calendar of Activities, and the Travel News column for more listings. Call in advance for program information and reservations. and remember that your Senior Centers are open to anyone, regardless of residence.

Paul Mohair, Administrator  
Hours: 9 am-4 pm

Own Land by Artie Russell Hochschild. Discuss books on history, travel, nutrition, real life. Exchange thoughts, ideas, opinions and insights with other knowledgeable readers. Exercise your mind, socialize with friendly people. Refreshments. All welcome.

iPad and iPhone  
3/21, 3:30 pm with Darren Reisile. $10. Please call to sign up 508-627-4368.

Martha’s Vineyard Museum Visits  
3/24, following lunch, 12:45 pm. please call to sign up for lunch and special program with the Martha’s Vineyard Museum.

Bed Bug Tally  
3/28, 1 pm, with Liz Sanderman, your pub lic health nurse from the VNA Cape Cod.

Professionals, machine, free to use, doctor’s not required. Call Rose for more information.

Outreach Coordinator Diane Figuerido, is available to help OB residents connect with programs and services available in the community, such as National Do Not Call Reg istry, CORE, Emergency Management and Hurricane list, and others. Call Diane for an appointment, 508-693-2896 x4.

Storm closings: When the Oak Bluffs School is closed, or has a delayed opening due to stormy weather, the Senior Center will also be closed or delayed in opening. Check the Oak Bluffs Town website, and WMVY radio, MV Times online, MV Gazette online for storm information.

Check Megan Alley’s weekly column in the MV Times Calendar section for updates!

The Massachusetts Senior Medicare Patrol Program Presents: Protect Yourself From Medicare Fraud!  
Up-Island Senior Center, 508-693-2896  
Tuesday, April 11, 2 pm.  
Discussion on how to prevent, detect, and report healthcare errors, fraud, and abuse. Take an active role in protecting Medicare for ourselves and future generations. Light refreshments. Pre-registration requested.

Joyce Stiles Tucker, Director  
Hours: 8:30 am-4:30 pm

With Cheryl Burns. No experience required.

Coffee and Computers  
3/15, 10:30 am  
With Allison Malik of the Oak Bluffs Library

Animal Companions  
3/13, 10:30 am.  
Please call Rose to schedule an appointment.

Social Security Video Display Program  
Mon, 3/20, 9 am – 12 pm.

Health Insurance Counseling (SHINE Counselor Jim Butterick)  
Tues. 3/28, 1 pm. Call Rose to schedule an appointment.

Exercise with new Treadmills or Nustep!  
3/6 & 3/20, 1 pm.

Non-Smokers  
3/20, 1:30pm. Please register in advance

Vineyard Center for Living Family  
Leslie Clapp. A program of Martha’s Vineyard Center for Living Family Support Services, call 508-939-9440 for information. Funded in part by the grant from the Permanent Endowment for Martha’s Vineyard.

Memoir Writing Workshop with Moira Silva  
UICOA, 4 Wednesdays 10-11:30am. 3/22, 3/29, 4/5, & 4/12.

No prior writing experience necessary. Entire workshop $25. In this supportive writing community, you’ll transform experiences into your memoirs. In this supportive writing environment, you’ll transform experiences into your memoirs. You can find Moira C. Silva’s most recent essays in The Boston Globe and Women’s Running, or tune into WMVY Radio’s “Hot Seat.”

Narrative Furniture  
With Moira Silva, call for appointment 508-627-4368.

Martha’s Vineyard Museum Presents: “Hollywood and Broadway on Martha’s Vineyard”  
UICOA, 3/20, 1:30pm.

No prior writing experience necessary. Entire workshop $25. See Noteworthy for details.

Outreach Services and Balance Workshop Series with Kanta Lipsky  
11:45 am - 12:45 pm  
Wed, 3/8 - Balance workshop, a combination of Chair and stretching  
Join Kanta after her 10:30 am yoga class for an interactive workshop. Light lunch of soup and bread to follow. Space limited to 20. Please RSVP by lunch at 508-693-2896. This series is free and made possible by the MA Board of Commissioners LSTA Grant, the West Tisbury Library Foundation, and the Friends of the West Tisbury Library.
Yoga for Seniors UICOA
March Albor
Mon. 11:15 am, Fri. 10:30 am
Kantya Lipsky
Wed. 10:30, $10 per class

MELF Method Classes with Valerie Sonnenahl
Tues. 3/7/3/21, 1-2 pm. $15. Space limited. Pre-registration required. Call 508-693-2896 to register.

Massage and Balance Workshop, UICOA
Facilitator: Kantya Lipsky
11:45-12:45 pm
Wed. 3/8, Balance, Tai Chi, and stretching.

Lunch to follow. Limited to 20. Call 508-693-2896 to reserve space.

Yoga ECOA with Carol Aranzabe
Thurs. 8:30 am
Wisdom Healing Qigong, UICOA
Allison Parry, Instructor
Mondays, 5 pm
Cultivate source energy, awaken consciousness, activate healing, restore mind body balance. For info call or text 508-907-174.

Gentle Yoga/Kripalu
508-397-1743. Free.

Thursdays, 4 – 5:15 pm
Bring a mat. $10

Tai Chi with Toys, TCOA
Fun, Sword, Bowling balls
Tues and Wed. 8:30 am

Tai Chi with Nan Dey OCOA
Thurs, 10 am, with tea following. Call Wendy for details, 508-627-3468.

Chair Yoga, TCOA
Renovate energy with chair support
Virginia Iverson, instructor
Tuesdays, 10-11 am, $5
Register at 508-696-4205

Creative Color - Coloring Book Cabot
Painters Group TCOA
Rug Hooking UICOA, Wed., 10-12
Painters Group TCOA
Come paint with us!

Call 508-693-2896 for information.

Conversations with Bob Ladidisco OBCOA, Fri. 10-11:30 am
Call for reservation 48 hr. in advance 508-693-8377 (TCOA kitchen #)

Peter H. Lace Play Readers Society TCOA, Wed., 9-12 noon
March Theme: Plays about the Theatre

TCOA, Wed, 9-12 noon
Lunch & Conversation
Ecoa, M-F, 12:00
Lunch & Conversation
Friday Morning Conversations, ECOA 3/3 & 3/17, 10 am. Refreshments

Kaufman & Edna Ferber directed by Felicit-ity Russell
3/15 “Present Laughter” by Noel Coward directed by Sophia Anthony

Poetry Readers, TCOA
3/13, 10 am

Poet: Cesare Pavesi
Facilitator: Elaine Eugster

Poetry, Jill Junep, ECOA
4/11, 11 am

Chair Massage with Ellen
Call Mansion House for info.

Woodarving OBCOA
Mansion House Pool
Chair Massage with Ellen

Arts & Crafts

Rag Hooking UICOA, Wed., 10-12
Painters Group TCOA
Come paint with us!

Call 508-693-2896 for information.

Ideas, Books, & Plays

Discussion Group, UICOA
Tues. 9:30 am. Open discussion, free and open to the public.

Call 508-693-2896 for information.

Conversations with Bob Ladidisco OBCOA, Fri. 10-11:30 am
Call for reservation 48 hr. in advance 508-693-8377 (TCOA kitchen #)

Peter H. Lace Play Readers Society TCOA, Wed., 9-12 noon
March Theme: Plays about the Theatre

Watercolor Painting with Nancy Cobot UICOA, Fridays, 1 pm

Creative Color - Coloring Book TCOA, Thurs., 9-11 am

Supplies provided
Get Creative, with Paint!

Bruce Kissell, instructor
On hiatus until April 10th

MV Museum Conversations
3/9, TCOA, 10 am
3/20, UICOA, 1:30 pm
See Noteworthy for info

Now in facilitated interactions with our 4 Equine Enhancing Elders: Participate in facilitated interactions with our 4 Equine Enhancing Elders: Participate in facilitated interactions with our 4 Equine Enhancing Elders: Participate in facilitated interactions with our 4 Equine Enhancing Elders: Participate in facilitated interactions with our 4

Hotel: 508-696-4205 for an appointment.

ECOA Men’s Book Group
627-4221 for information.

Call 508-693-2896 for information.

Edgartown Public Library, Call Lisa, 508-693-6100 (Press 2) or email danielle@mvtimes.com

or email danielle@mvtimes.com

The Princess Poo-Poo-Ly Band

Wednesday, 1-3 pm. Martha Child, instructor. Beginners and Practiced. Fun! We play a wide variety of music!

Purl Jam TCOA

Call 508-693-4509

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Wednesday, 1-3 pm. Martha Child, instructor. Beginners and Practiced. Fun! We play a wide variety of music!
Health Promotion

Blood Pressure & Wellness Clinics:
- Aquinnah Town Hall, 3/28, 2-3
- Chilmark Library, 3/15, 12:30-1:30
- Edgartown Stop & Shop, 3/1, 12-12
- Edgartown Hall, 3/8, 9-11
- Oak Bluffs COA, 3/7 & 3/23, 12:30
- Tisbury COA, 3/7, 10-11
- Up Island COA, 3/14, 11:00-1:00
- Cronin’s, 3/9, 1-3

Hearing Services, call in advance for an appointment.
- ORCOA: 3/14, 11 am, Call Rose, 508-693-4509 x3 for apt
- UICOA: Vineyard Audiology Screenings & Repairs
  Call 508-457-9285 for appointment
- TCOA: Miracle Ear 5/24, Call 508-457-9285 to speak to Audiologist Michelle Harris or to make an appointment.

Podiatry & Foot Care
- Pedi-Care w/Michelle Le Blanc, RN
  Call for an appointment:
  ½ hour aptmts, $30
- ORCOA, 3/8, 9 am
- Call 508-693-4509 x3
- ORCOA, 3/21, 1:30-3:30 pm
- 508-627-4368
- UICOA, 3/27, 9 am. 508-693-2896

Insurance, Legal, Social Security

Health Insurance Counseling and Medical & MassHealth Info:
- S.L.I.N.E. ECOA, Call 508-627-4368 for an apt.
- ORCOA, Call 508-693-4509, x 3 for apt
- TCOA, Call 508-693-2405 for an apt.
- UICOA, Call 508-693-2896 for an apt.
- Wampum Tribal Council, 508-645-9255
- Vineyard Health Care Access

Hillside Village, 3/1, 10-11
Woodside Village, 3/27, 12-1
Woodside Village II, 3/27, 1:15-2:15

Public Health Nurse Clinics:
- Call your Council on Aging for information
- TCOA, 3/9:9:30-11:30
- Vineyard Scripts, Beach Rd, VH
  Have your blood pressure checked any day, any time.

Health Services
- Program, 508-696-0020
- Elder Law Project:
  - South Coastal Counties Legal Services (Cape & Islands)
    - Tom Kosman, Elder Law Attorney
    - 3/6, TCOA, Call 508-775-7020 OR
    - 1-800-724-4107 for an appointment
- Free Legal Clinic
  - Space limited (Medical planning, estate planning, asset protection,

Wills)
- Call 508-477-0267 for an appointment
- Elder Law 101 – 2017 Update
  - 3/21, 5:30pm, TCOA
  - Legal Clinic with Elder Law Attorney Arthur Bergeron.
  - Call 508-696-4205 to sign up

Social Security Video Display Program
- Program, 2/7, 9:00 am-12 pm
  - Meet with a Social Security Rep via Skype.

Elderly
- Call 508-693-7979

Insurance

Support Groups & Counseling

Counseling, Outreach and Referral for the Elderly. Call the Outreach Worker at the Council on Aging in your town or Lindsay Famars at MVCS Island Counseling Center, 508-693-7900

Martha’s Vineyard M S
- Self Help Group Call 508-693-3193

Prostate Cancer Support Group
- 3rd Wednesday, 4 pm, M.S. Community Services Bldg, C/Conference Rm 1. Info at mvprostatecancer.org.
- In-home care and care management, in-home & community settings.

Veterans Group
- Weekly support group. Discuss challenges of reintegrating after the war experience.
- MVCS Island Counseling Center. Contact Tom Bennett for info and group times at 508-693-7900 x 211

Food Services, Transport & Housing

Emergency Food Pantries:
- All Senior Centers.
- Monthly distribution, call for date & time.
- First Baptist Church Parish House.
- “Serving Hands” Williams St. VH. Info at 508-693-5339
- Island Food Pantry
  - Christ United Methodist Church
  - Church St. VH. Info at 508-693-4764

Transportation
- Vineyard Transit Authority - Transportation for Seniors & Disabled
  - 508-627-4368

Food

Medivan, 508-693-9440 (VTA)
- Tuesdays to Boston area medical services, 3:30 round trip
- American Cancer Society Road to Recovery
  - 1-800-227-2345, for cancer patients
- Medical Taxi (Cape & Islands)
  - Call 508-939-9440 for an appointment

Podiatry
- Call Ellen for details 508-693-2896
- Vineyard Health Care Access

Hearing Services
- Call 508-693-4509 in advance for an appointment.
- Social Security
  - Falmouth office, 855-881-0212
  - Veteran’s Services, ROCO
    - 3/3, 10:30 am. Call 508-627-4368 for an appointment
  - Funeral Consumers Alliance
    - 8-806-0380, Information on end of life alternatives

Support Group
- Vineyard Health Care Access

Counselor, Outreach and Referral for the Elderly. Call the Outreach Worker at the Council on Aging in your town or Lindsay Famars at MVCS Island Counseling Center, 508-693-7900

Martha’s Vineyard M S
- Self Help Group Call 508-693-3193

Prostate Cancer Support Group
- 3rd Wednesday, 4 pm, M.S. Community Services Bldg, C/Conference Rm 1. Info at mvprostatecancer.org.
- Alan Ganapol, Services Bldg C/Conference Rm 1. Info
  - 3rd Wednesday, 4 pm. M.V. Community Counseling Center. Contact Tom Bennett for info and group times at 508-693-7900 x 211

Support Groups & Counseling

Counseling, Outreach and Referral for the Elderly. Call the Outreach Worker at the Council on Aging in your town or Lindsay Famars at MVCS Island Counseling Center, 508-693-7900

Martha’s Vineyard M S
- Self Help Group Call 508-693-3193

Prostate Cancer Support Group
- 3rd Wednesday, 4 pm, M.S. Community Services Bldg, C/Conference Rm 1. Info at mvprostatecancer.org.
- Henrietta Brewer House, 508-693-4300
- Assisted Living, private pay Longhill, 508-627-7911
- Assisted Living, Private pay. Long Term Care Insurance accepted.
- Vineyard Village at home (VVAH)
  - Referrals, Transportation & Assistance
  - With independent living


Cancer Support Group
- Vineyard Haven
  - 2nd Saturday of the month, 10-11:30.

Veterans Group
- Weekly support group. Discuss challenges of reintegrating after the war experience.
- MVCS Island Counseling Center. Contact Tom Bennett for info and group times at 508-693-7900 x 211

A Monthly Newsletter
from your local Councils on Aging and the Martha’s Vineyard Center for Living

Published the last Thursday of every Month in The